

TRAVELLING LIGHT

Imam al-Ghazali's Revival of the Religious Sciences

BOOKS 31 - 34

With Shaykh Abdal Hakim Murad

IMAM AL-GHAZALI (D.1111), known as the 'Proof of Islam', authored over a hundred books on all the Islamic scholarly disciplines. But he is most celebrated for his Revival of the Religious Sciences (Ihya' Ulum al-Din), a compendium of spiritual guidance which he wrote to revive the flagging fortunes of the Islamic world in his age. Covering every aspect of the religion, from belief, to worship, to daily life, to vice, virtue, and the final encounter with God, this text is regarded as one of the masterpieces of world sacred literature.

This DVD, recorded live in beautiful Bosnia, introduces four of the most important of the forty 'books' which comprise this massive work. In the DVD set:

Book 31: Repentance

Book 32: Patience & Gratitude

Book 33: Fear & Hope

Book 34: Poverty & Renunciation

PLUS a special feature on the Mosque Project in Cambridge.

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with Abdal Hakim Murad

FROM THE SINANOVA TEKKE, SARAJEVO



BOOKS 31-34

Repentance • Patience and Gratitude
Fear and Hope • Poverty and Renunciation



TRAVELLING LIGHT

Imam al-Ghazali's Revival of the Religious Sciences

With Abdal Hakim Murad

Directed and Produced by Zakariyya Whiteman

A Mishkat Media Production

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- 31 REPENTANCE (al-Tawba)**. What is wrong action? How can we understand our damaged inner state, and repair it? The Imam explains that repentance consists of knowledge of the act, an emotion of sorrow, and a decisive inner and outward action that will erase the wrong action and help the spiritual wayfarer never to return to it.
- 32 PATIENCE AND GRATITUDE (al-Sabr wa'l-Shukr)**. We are made human by our ability to restrain our eyes and cravings. We also experience states of overwhelming gratitude to our Creator. Here the Imam explains how to cultivate these two gifts, and to keep them in a positive relationship which promotes spiritual growth.
- 33 FEAR AND HOPE (al-Khawf wa'l-Raja')**. Almighty God is to be feared; for His justice is absolute. But we also hope for His mercy, for He is 'the most merciful of all'. We fear our weakness, and hope for God's forgiveness; the Imam explains how the balanced soul is one in which both these gifts are alive and active.
- 34 POVERTY AND RENUNCIATION (al-Faqr wa'l-Zuhd)**. Here the Imam celebrates the poverty of the Holy Prophet, and shows how a detached attitude to the things of this world is a precondition for inner calm and a stress-free life.

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PLUS SPECIAL FEATURE: A NEW MOSQUE FOR CAMBRIDGE

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